

PHARMACEUTICAL COMPOSITION FOR
THE TREATMENT OF SYNDROM X OF REAVEN

The present invention relates to a pharmaceutical composition comprising as active ingredient a compound selected among somatostatin or one of its analogs (as herein defined), diazoxide or one of its analogs (as herein defined), cyclothiazide or one of its analogs (as herein defined) and metformin, for the treatment of syndrome X of Reaven (also called "Hyper Insulinemia syndrome" or "The Deadly Quartet").

Somatostatin and its analogs, e.g. octreotide, are known for the treatment of the reduction of the secretion of Insulin caused by insulimonas. Moreover, they are known for the treatment of certain tumors, gastrointestinal diseases, etc. However, their effectivity for the reduction of the resistance to insulin has so far not been known.

It is also known that Diazoxide, Cyclothiazide and Metformin achieve the reduction of the resistance to Insulin. Moreover, it is known that Metformin is used in the treatment of Diabetes and reduces risk factors in carbovascular diseases in NIDDM.

Diazoxide, Cyclothiazide and Metformin have the following formulae:

- a. Diazoxide: 7-chloro-3-methyl-24-1,2,4-benzothio-diazine 1,1-dioxide.
- b. Cyclothiazide: 3-bicyclo[2.2.1]hept-5-en-2yl-6-chloro-3,4-dihydro-2H-1,2,4-benzothiadiazone-7-sulfonamide 1,1-dioxide.
- c. Metformin: N,N-Dimethylimidodicarbonimide diamide.

However, those compounds have so far not been known for the treatment of the risk factors of syndrome X of Reaven.

Syndrome X includes, inter alia, the following risk factors:

- a. excessive blood pressure;
- b. dislipidemia, i.e. increase of the amount of Triglycerides in the blood, reduction of the amount of HDL and increase of the amount of LDL;
- c. excessive blood

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coagulation due to Plasminogen Activator Inhibitor-1 (PAI-1) increased in the blood; d. central obesity; e. Glucose intolerance - from occult Diabetes to overt Diabetes f. increase of Insulin in the blood, i.e. the pancreas secretes more Insulin in order to overcome high Insulin resistance.

All the risk factors of syndrome X of Reaven are, inter alia, caused by a high resistance to Insulin. Thus, apparently said symptoms could be treated simultaneously if there would be a reduction to the resistance to Insulin.

Said risk factors either separately but mostly in combination are decisive factors in the appearance of Ischemic Heart disease, e.g. Angina Pectoris, Myocard Infarct; Cerebral Vascular Diseases and the like.

Until now, all said risk factors had to be treated separately as there was no pharmaceutical composition which could treat simultaneously all of them. However, said separate treatments are not always effective as very often the treatment of one risk factor severs the condition of another risk factor. It has therefore been desirable to find a pharmaceutical composition which can treat simultaneously all the various risk factors which are included in syndrome X of Reaven.

We have now found that due to the fact that the reduction of the resistance to Insulin can be achieved by administering a compound selected among somatostatin or one of its analogs (as herein defined), diazoxide or one of its analogs (as herein defined), cyclothiazide or one of its analogs (as herein defined) and metformin, said treatment may enable the treatment of all risk factors of syndrome X of Reaven simultaneously.

The present invention thus consists in pharmaceutical preparations for the treatment of the risk factors of syndrome X of Reaven comprising as active ingredient a compound selected among somatostatin or one of its analogs (as herein defined), diazoxide or one of its analogs (as herein defined), cyclothiazide or one of its analogs (as herein defined) and metformin.

The present invention also comprises the use of a compound selected among somatostatin or one of its analogs (as herein defined), diazoxide or one of its analogs (as herein defined),

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cyclothiazide or one of its analogs (as herein defined) and metformin in the preparation of a pharmaceutical preparation for the treatment of the risk factors of syndrome X of Reaven.

Analogues of somatostatin in connection with the present invention mean any analog compound of somatostatin which biologically activate one or more somatostatin receptors. Said receptors cause the reduction of the resistance to Insulin and thus enable the combined treatment of all risk factors of syndrome X of Reaven and are thus effective in primarily & secondary preventing and/or treating Ischemic Heart disease, such as, Angina Pectoris, Myocard Infarcts ; Cerebral Vascular Diseases, etc.

As receptors there should be mentioned, inter alia, the following human somatostatin receptors, which are described in Steven W.J. Lamberts, et al. 1996. Octreotide.. The New England Journal Med. Jan. 25. pp. 246-54. These receptors are:

1. hSSTR1

Present in the brain, lung, stomach, jejunum, kidneys, liver and pancreas. It is located on chromosome 14q13.

It has 391 amino acids and its formula is given in Yamada et. al., Biochemical and Biophysical Research Communications, 1993, Vol. 195, No. 2., pages 844-852.

2. hSSTR2

Present in the brain and in the kidneys, It is located on chromosome 17q24. It has 369 amino acids and its formula is given in Yamada.

3. hSSTR3

Present in the brain and in the pancreas. It is located on chromosome 22q13.1. It has 418 amino acids and its formula is given in Yamada.

4. hSSTR4

Present in the brain and in the lung. It is located on chromosome 20. It has 388 amino acids and its molecular weight is 41,867. Its formula is given in Yamada.

5. hSSTR4

Present in the brain, heart, adrenal glands, placenta, pituitary, small intestines and skeletal muscles. It is located on chromosome 20p11.2. It has 364 amino acids,

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its molecular weight is 39,176 and its formula is given in Yamada.

All receptors have common features:

1. They have a similarity in the configuration in the seven areas which do extend out of the membrane TM1....TM7)
2. Asp-Arg-Tyr at the end of the NH -terminal of the second loop which is in the cell.
3. Aspartic acid (Asp) is located in the third loop outside the cell.

The receptors which are especially important in reducing the Insulin resistance are receptors 2 and 5, also but less receptor 3. Receptors 1 and 4 are less important in this respect.

The use of somatostatin is not always satisfactory as it is effective only for a short time. Therefore the use of Octreotide, the most known analog of somatostatin or of another long acting Somatostatin, is preferred.

The analogs of somatostatin should comprise the chain D-Trp-Lys. Said chain constitute the critical core of the active analogs and is essential for the activation of the receptors.

Most analogs comprise the chain Phe-D-Trp-Lys.

Many analogs comprise the chain Phe-D-Trp-Lys-Thr being present in positions 7 - 10 of Somatostatin 14.

Suitable analogs of somatostatin being part of the pharmaceutical composition according to the present invention are, for example, :

1. Octreotide.
2. Vapreotide.
3. Lanreotide.
4. Cyclopeptide somatostatin analogues selected among :
 Cyclo[Pro-Phe-D-Trp-Lys-Thr-Phe]
 Cyclo[N-Me-Ala-Tyr-D-Trp-Lys-Val-Phe]
 Cyclo[Pro-Ala-D-Trp-Lys-Thr-Phe]
 Cyclo[Pro-Tyr-D-Trp-Lys-Thr-Phe]
 Cyclo[Pro-Phe-D-Trp-Lys- β -aminobutyric-Phe]
 Cyclo[N-Me-Ala-Phe-D-Trp-Lys-Thr-Phe]
 Cyclo[Pro-Phe-D-Trp-Lys-Val-Phe]
 Cyclo[D-Ala-D-Phe-D-Trp-L-Lys-D-Thr-N-Me-D-Phe]

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Cyclo[Pro-Phe-D-Trp-Lys-Thr(Bzl)] (Bzl = (a))
 Cyclo[Pro-Phe-D-Trp-Lys-Thr-Phe]
 Cyclo[Pro-D-Phe-D-Trp-Lys-Thr(Bzl)]
 Cyclo[Ahep-Lys-Asn-Phe-Phe-Trp-Lys-Thr-
 Tyr-Thr-Ser] (Ahep = (b))
 Cyclo[Ahep-Phe-D-Trp-Lys-Thr(Bzl)]
 Cyclo[Ahep-Phe-D-Trp-Lys-Thr]
 Cyclo[Ahep-Phe-D-Trp-Lys-Ser(Bzl)]
 Cyclo[Ahex-Phe-D-Trp-Lys-Thr(Bzl)] (Ahex = (c))
 Cyclo[Aoct-Phe-D-Trp-Lys-Thr(Bzl)] (Aoct = (d))
 Cyclo[Ala-Cys-Phe-D-Trp-Lys-Thr-Cys]

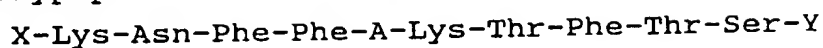
- (a) Bzl = benzyl
 (b) Ahep = 7-aminoheptanoyl
 (c) Ahex = 6-aminohexanoyl
 (d) Aoct = 8-amino-octanoyl;

5. D-Phe-[Cys-Phe-D-Trp-Lys-Thr-Cys]-Thr-ol
6. D-Nal-[Cys-Tyr-D-Trp-Lys-Val-Cys]-Thr-NH₂ (Nal = (1))
7. D-Phe-[Cys-Tyr-D-Trp-Lys-Val-Cys]-Nal-NH₂
8. D-Phe-[Cys-Tyr-D-Trp-Lys-Thr-Cys]-Nal-NH₂
9. D-Phe-[Cys-Tyr-D-Trp-Lys-Abu-Cys]-Nal-NH₂ (Abu = (2))
10. D-Phe-[Cys-Tyr-D-Trp-Lys-Ser-Cys]-Nal-NH₂
11. D-Nal-[Cys-Tyr-D-Trp-Lys-Val-Cys]-Nal-NH₂
12. c(Ahep-Trp-D-Trp-Lys-Thr-Phe) (Ahep = (3))
13. D-Phe-Cpa-Tyr-D-Trp-Lys-Thr-Phe-Thr-NH₂ (Cpa = (4))
14. D-Phe-Cpa-Tyr-D-Trp-Lys-Val-Phe-Thr-NH₂
15. D-Phe-Phe-Phe-D-Trp-Lys-Thr-Phe-Thr-NH₂
16. D-Phe-Phe-Phe-D-Trp-Lys-Val-Phe-Thr-NH₂
17. D-Phe-Phe-Tyr-D-Trp-Lys-Val-Phe-D-Nal-NH₂
18. D-Phe-Ala-Phe-D-Trp-Lys-Ala-Nal-NH₂
19. D-Phe-Phe-Phe-D-Trp-Lys-Val-Phe-Thr-NH₂
20. D-Phe-Phe-Phe-D-Trp-Lys-Thr-Phe-Thr-NH₂
21. D-Phe-Phe-Tyr-D-Trp-Lys-Val-Phe-D-Nal-NH₂

- (1) Nal L-3(2-naphthyl)alanine
 (2) Abu L- α -amino-n-butyric acid
 (3) Ahep 7,aminoheptanoic acid
 (4) Cpa L-p-chlorophenylalanine

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22. Polypeptides of the formula:



wherein A is L- or D-Trp,

X is $\text{H-(Aeg)}_m\text{-Cys-}$ or $\text{H-(Aeg)}_m\text{-Ala-Gly-Cys-}$,

Y is $\text{-Cys-(Aeg)}_n\text{-OH}$ or

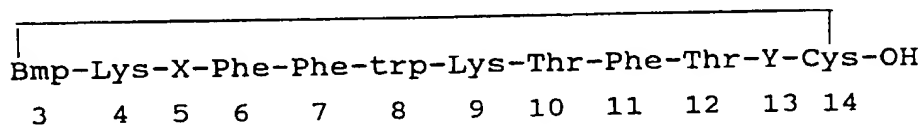
X and Y taken together are a 2-aminoethyl-glycyl group in the ring position and

m and n are 0, 1, 2, provided that

m and n are at least 1,

and their cyclic disulfide derivatives.

23. A peptide of the formula:



in which

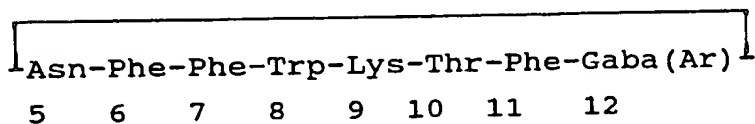
Bmp represents the desaminocysteine radical,

X represents Asn,

trp represents D-Trp that may be substituted in the benzene ring by a halogen atom, and

Y represents the radical of an alpha-(lower alkyl)amino-(lower alkyl)-carboxylic acid having a minimum of 4 and a maximum of 8 carbon atoms, in which the two lower alkyl radicals can be connected to one another with a single C-C bond, an oxygen atom or a sulphur (II) atom.

24. Cyclic octapeptides of the formula



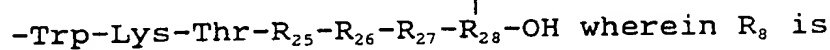
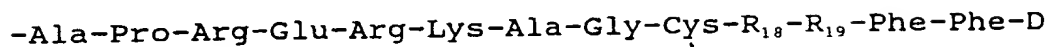
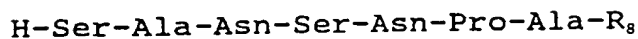
in which

Trp represents L-Trp or D-Trp, in which the benzene ring may be substituted by a fluorine atom, and

Gaba(Ar) represents the residue of a -aminobutyric acid substituted by a cyclic hydrocarbyl radical Ar selected from the group consisting of cyclohexyl; phenyl optionally substituted by halogen, nitro or phenoxy; and naphthyl

optionally substituted by halogen.

25. A compound of formula

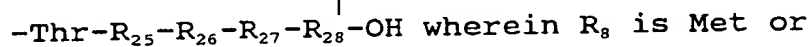
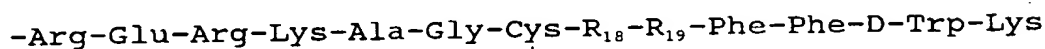
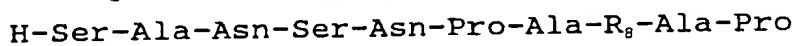


Met or Leu, R_{18} is Lys or des R_{18} , R_{19} is Asn or

des R_{19} , R_{25} is Phe or Tyr, R_{26} is Thr or des

R_{26} , R_{27} is Ser or D-Ser and R_{28} is D-Cys or Cys.

26. A compound of formula

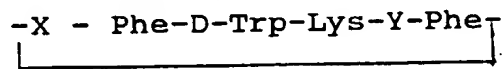


Leu, R_{18} is Lys or des R_{18} , R_{19} is Asn or des

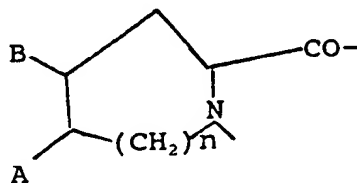
R_{19} , R_{25} is Phe or Tyr, R_{26} is Thr or des R_{26} ,

R_{27} is Ser or D-Ser and R_{28} is D-Cys or Cys, or the linear version thereof where the disulfide bridge is replaced by hydrogen.

27. A cyclic hexapeptide of the formula



in which X represents the radical of an L-aminoacid of the formula



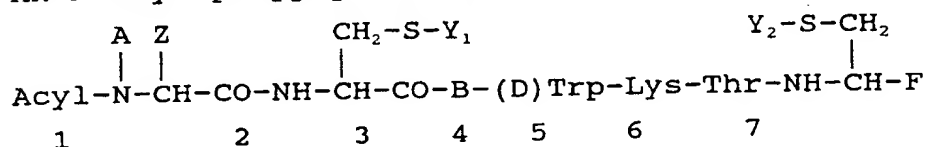
in which A and B are identical or different and denote alkyl

having 1 to 3 carbon atoms, or A and B together represent a saturated, unsaturated or aromatic monocyclic or bicyclic structure having 3 to 6 carbon atoms,

n denotes 0 or 1, and

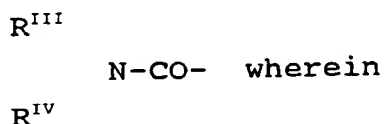
Y represents an aliphatic or aromatic L-amino acid the side-chain of which can be hydroxylated, said amino acid being selected from the group consisting of L-alanine, L-serine, L-valine, L-leucine, L-isoleucine, L-phenylalanine and L-tyrosine.

28. An N-acyl-polypeptide of formula,



wherein

"Acyl" is a group of formula $R^I\text{CO}-$ wherein R^I is C_{1-20} alkyl or phenyl; a group of formula $R^{II}\text{SO}_2-$ wherein R^{II} is C_{1-20} -alkyl, phenyl or tolyl; a group



R^{III} and R^{IV} are each independently hydrogen or C₁₋₁₀alkyl; or biotinyl,

A is hydrogen or C₁₋₃alkyl,

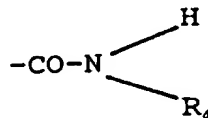
>N-CH(Z)-CO- is an (L)- or (D)-phenylalanine residue optionally ring-substituted by NO₂, or an (L) or (D)-norleucine residue,

whereby

Z in >N-CH(Z)-CO- represents the remainder of said residue,

B is -Phe- optionally ring-substituted by NO₂,

F is a group of formula

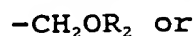


wherein R₄ is hydrogen or a group of formula

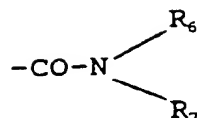


R_5 is $\text{CH}_3\text{CH}(\text{OH})-$, i-butyl or benzyl

X is a group of formula $-\text{COOR}_1$,



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wherein R_1 , R_6 and R_7 are each hydrogen or C_{1-3} alkyl, and

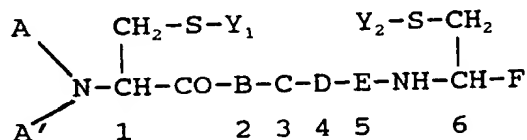
R_2 is hydrogen or the residue of a physiologically acceptable, physiologically hydrolysable ester,

the group $-\text{CH}(\text{R}_5)-\text{X}$ having the (D)- or (L)-configuration, and

Y_1 and Y_2 are each hydrogen or together represent a direct bond, whereby the residue resides in the 2- and 7-position each independently have the (L)- or (D)-configuration, and with the proviso that:

- i) (L)- and/or (D)-cysteine residues are present at the 2- and 7-positions only.

29. A polypeptide of the formula



wherein

A is C_{1-12} alkyl, C_{7-10} phenylalkyl or a group of formula $\text{RCO}-$, whereby

- i) R is hydrogen, C_{1-11} alkyl, phenyl or C_{7-10} phenylalkyl, or
- ii) $\text{RCO}-$ is a) an L- or D-phenylalanine residue optionally ring-substituted by halogen and/or C_{1-3} alkyl,
 - b) H-Asn-, or
 - c) H-Nle-Asn-,
 - the α -amino group of amino acid residues a) and b) and the N-terminal amino group of dipeptide residues c) being optionally mono- or di- C_{1-12} alkylated,

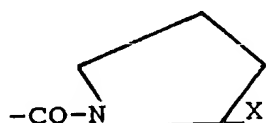
A' is hydrogen or, when A is C_{1-12} alkyl or

C_{7-10} phenylalkyl, also C_{1-12} alkyl or C_{7-10} phenylalkyl,

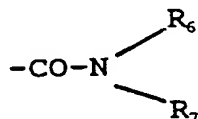
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- B is -Phe- optionally ring-substituted by halogen and/or C_{1-3} alkyl,
- C is -(L)- or -(D)-Trp- optionally α -N-methylated and optionally benzene-ring-substituted by halogen and/or C_{1-3} alkyl,
- D is -Lys- optionally α -N-methylated and optionally Σ -N- C_{1-3} -alkylated,
- E is -Thr- or -Ala- each in (D)- or (L)-form and each being optionally α -N-methylated,

F is a group of formula $-\text{COOR}_1$, $-\text{CH}_2\text{OR}_2$, $-\text{CO}-\text{N} \begin{array}{l} \nearrow \text{R}_3 \\ \searrow \text{R}_4 \end{array}$ or



- wherein R_1 is hydrogen or C_{1-3} alkyl,
- R_2 is hydrogen or the residue of a physiologically acceptable, physiologically hydrolysable ester,
- R_3 is hydrogen, C_{1-3} alkyl, phenyl or C_{7-10} -phenylalkyl,
- R_4 is hydrogen, C_{1-3} alkyl or, when R_3 is hydrogen or methyl, also a group of formula $-\text{CH}(\text{R}_5)-\text{X}$,
- R_5 is hydrogen, $-(\text{CH}_2)_2-\text{OH}$, $-(\text{CH}_2)_3-\text{OH}$, $-\text{CH}_2-\text{OH}$, $-\text{CH}(\text{CH}_3)-\text{OH}$, isobutyl or benzyl
- X is a group of formula $-\text{COOR}_1$, $-\text{CH}_2\text{OR}_2$ or



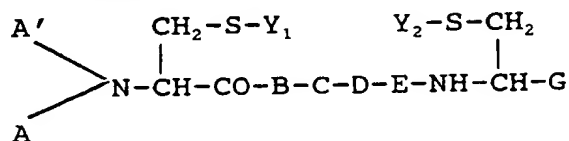
wherein

- R_1 and R_2 have the meanings given above,
- R_6 is hydrogen or C_{1-3} alkyl and
- R_7 is hydrogen, C_{1-3} alkyl, phenyl or C_{7-10} phenylalkyl,

the group $-\text{CH}(\text{R}_5)-\text{X}$ having the D- or L- configuration, and Y_1 and Y_2 are each hydrogen or together represent a direct

bond, whereby the residues in the 1- and 6-position each independently have the L- or D-configuration.

30. A compound of formula



wherein

A is C₁₋₁₂alkyl, C₇₋₁₀phenylalkyl or a group of formula RCO-, whereby

i) R is hydrogen, C₁₋₁₁alkyl, phenyl or C₇₋₁₀phenylalkyl or

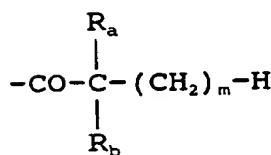
ii) RCO- is

- a) an L- or D-phenylalanine residue optionally ring-substituted by F, Cl, Br, NO₂, NH₂, OH, C₁₋₃alkyl and/or C₁₋₃alkoxy;
- b) the residue of a natural or synthetic α-amino acid other than defined under a) above or of a corresponding D-amino acid, or
- c) a dipeptide residue in which the individual amino acid residues are the same or different and are selected from those defined under a) and/or b) above,

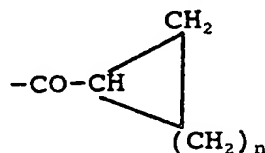
C₁₋₈alkanoyl,

A' is hydrogen,

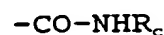
Y₁ and Y₂ represent together a direct bond or each of Y₁ and Y₂ is independently hydrogen or a radical of formulae (1) to (5).



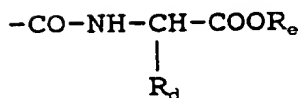
(1)



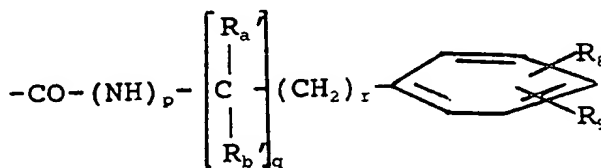
(2)



(3)



(4)

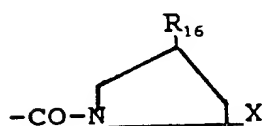
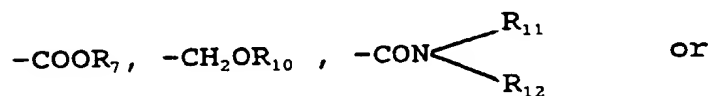


(5)

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wherein

- R_a is methyl or ethyl
 R_b is hydrogen, methyl or ethyl
 m is a whole number from 1 to 4
 n is a whole number from 1 to 5
 R_c is (C_{1-6}) alkyl
 R_d represents the substituent attached to the α -carbon atom of a natural or synthetic α -amino acid (including hydrogen)
 R_e is (C_{1-5}) alkyl
 R_a' and R_b' are independently hydrogen, methyl or ethyl,
 R_8 and R_9 are independently hydrogen, halogen, (C_{1-3}) alkyl or (C_{1-3}) alkoxy,
 P is 0 or 1,
 q is 0 or 1, and
 r is 0, 1 or 2,
 B is -Phe- optionally ring-substituted by halogen, NO_2 , NH_2 , OH , C_{1-3} alkyl and/or C_{1-3} alkoxy (including pentafluoroalanine), or β -naphthyl-Ala
 C is (L)-Trp- or (d)-Trp- optionally α -N-methylated and optionally benzene-ring-substituted by halogen, NO_2 , NH_2 , OH , C_{1-3} alkyl and/or C_{1-3} alkoxy,
 D is Lys, Lys in which the side chain contains O or S in β -position, ϕ F-Lys or δ F-Lys, optionally α -N-methylated, or a 4-aminocyclohexylAla or 4-aminocyclohexylGly. residue
 E is The, Ser, Val, Phe, Ile or an aminoisobutyric or aminobutyric acid residue
 G is a group of formula

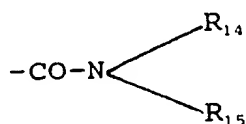


wherein

- R_7 is hydrogen or C_{1-3} alkyl,

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- R_{10} is hydrogen or the residue of a physiologically acceptable, physiologically hydrolysable ester,
- R_{11} is hydrogen, C_{1-9} alkyl, phenyl or C_{7-10} phenyl-alkyl,
- R_{12} is hydrogen, C_{1-3} alkyl or a group of formula $-CH(R_{13})-X_1$,
- R_{13} is CH_2OH , $-(CH_2)_2-OH$, $-(CH_2)_3-OH$, or $-CH(CH_3)OH$ or represents the substituent attached to the α -carbon atom of a natural or synthetic α -amino acid (including hydrogen) and
- X_1 is a group of formula $-COOR_7$, $-CH_2OR_{10}$ or



wherein

R_7 and R_{10} have the meanings given above,

R_{14} is hydrogen or C_{1-3} alkyl and

R_{15} is hydrogen, C_{1-3} alkyl, phenyl or C_{7-10} phenylalkyl, and

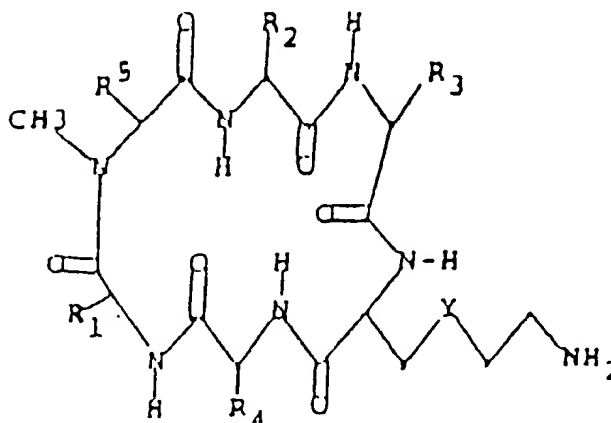
R_{16} is hydrogen or hydroxy,

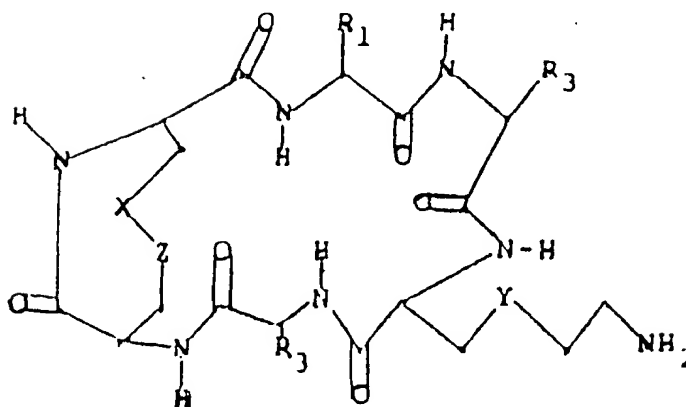
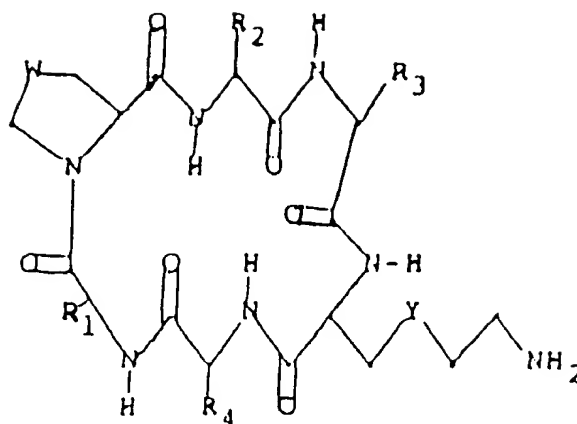
with the proviso that

when R_{12} is $-CH(R_{13})-X_1$ then R_{11} is hydrogen or methyl,

wherein the residues B, D and E have the L-configuration, and the residues in the 2- and 7-position and any residues Y_1 4) and Y_2 4) each independently have the (L)- or (D)- configuration.

31. A somatostatin analog selected from the compounds of the following formulae





wherein

W is

one of X and Z

Y is

each of R₁ and R₂

S or (CH₂)_s, where s is 0, 1 or 2;

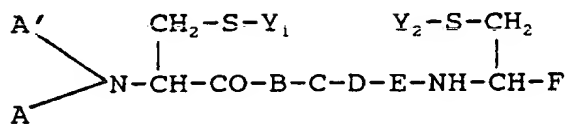
is S and the other is S or CH₂;

S or (CH₂)_t, where t is 0, 1 or 2;

independently of the other, is C₁₋₅ alkyl, benzyl, benzyl having one or two C₁₋₅ alkyl, halogen, hydroxy, amino, nitro, and/or C₁₋₅ alkoxy substituents, or C₁₋₅ alkyl substituted with 5- or 6-membered heterocyclic ring;

- R_3 is 3-indolymethyl, either unsubstituted or having C_{1-5} alkyl, C_{1-5} alkoxy or halogen substitution;
- R_4 C_{1-5} alkyl, C_{1-5} hydroxyalkyl, benzyl, carboxy-(C_{1-5} alkyl), amino (C_{1-5} alkyl) or benzyl having a C_{1-5} alkyl, halogen, hydroxy, amino, nitro and/or C_{1-5} alkoxy substituent;
- R_5 is C_{1-5} alkyl, benzyl, or benzyl having a C_{1-5} alkyl, halogen, hydroxy, amino, nitro, and/or C_{1-5} alkoxy substituent,

compounds of Formula



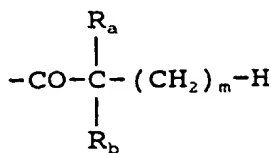
wherein

A is C_{1-12} alkyl, C_{7-10} phenylalkyl or a group of formula RCO- , whereby

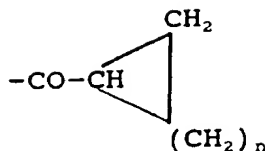
- i) R is hydrogen, C_{1-11} alkyl, phenyl or C_{7-10} phenylalkyl,
- or
- ii) RCO- is
- a) an L- or D-phenylalanine residue optionally ring-substituted by F, Cl, Br, NO_2 , NH_2 , OH, C_{1-3} alkyl and/or C_{1-3} alkoxy
- b) the residue of a natural α -amino acid other than defined under a) above or of a corresponding D-amino acid, or
- c) a dipeptide residue in which the individual amino acid residues are the same or different and are selected from those defined under a) and/or b) above, the α -amino group or amino acid residues a) and b) and the N-terminal amino group of dipeptide residues c) being optionally mono- or di- C_{1-12} alkylated,

A' is hydrogen or, when A is C_{1-12} alkyl or C_{7-10} phenylalk- also C_{1-12} alkyl or C_{7-10} phenylalkyl,

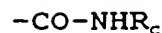
Y_1 and Y_2 represent together a direct bond or each of Y_1 and Y_2 is independently hydrogen or a radical of the formulae



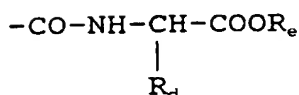
(1)



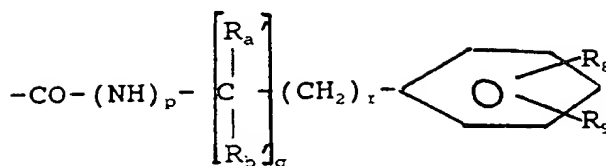
(2)



(3)



(4)



(5)

wherein R_a is methyl or ethyl

R_b is hydrogen, methyl or ethyl

m is a whole number from 1 to 4

n is a whole number from 1 to 5

R_c is (C_{1-6}) alkyl

R_d represents the substituent attached to the α -carbon atom of a natural α -amino acid (including hydrogen)

R_e is (C_{1-5}) alkyl

R_a' and R_b' are independently hydrogen, methyl or ethyl,

R_8 and R_9 are independently hydrogen, halogen, (C_{1-3}) alkyl or (C_{1-3}) alkoxy,

p is 0 or 1,

q is 0 or 1, and

r is 0, 1 or 2,

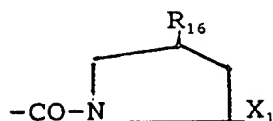
B is -Phe- optionally ring-substituted by halogen, NO_2 , NH_2 , OH, C_{1-3} alkyl and/or C_{1-3} alkoxy, or naphthylalanine.

C is (L)-Trp- or (D)-Trp- optionally α -N-methylated and optionally benzene-ring-substituted by halogen, NO_2 , NH_2 , OH, C_{1-3} alkyl and/or C_{1-3} alkoxy,

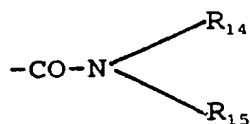
D is -Lys-, ThiaLys, F-Lys, δ F-Lys or Orn, optionally α -N-methylated, or a 4-aminocyclohexyl Ala or 4-aminocyclohexyl Gly residue,

E is Thr, Ser, Val, Phe, Ile or an aminoisobutyric acid residue

F is a group of formula $-\text{COOR}_7$, $-\text{CH}_2\text{OR}_{10}$, $-\text{CON} \begin{array}{l} \nearrow \text{R}_{11} \\ \searrow \text{R}_{12} \end{array}$ or



wherein R_7 is hydrogen or C_{1-3} alkyl,
 R_{10} is hydrogen or the residue of a physiological-
 ly acceptable, physiologically hydrolysable ester,
 R_{11} is hydrogen, C_{1-3} alkyl, phenyl or C_{7-10} -phenylal-
 kyl,
 R_{12} is hydrogen, C_{1-3} alkyl or a group of formula-
 $\text{CH}(\text{R}_{13})-\text{X}_1$,
 R_{13} is CH_2OH , $-(\text{CH}_2)_2-\text{OH}$, $-(\text{CH}_2)_3-\text{OH}$, or $-\text{CH}(\text{CH}_3)\text{OH}$
 or
 represents the substituent attached to the α -carbon
 atom of a natural α -amino acid (including hydrogen) and
 X_1 is a group of formula $-\text{COOR}_7$, $-\text{CH}_2\text{OR}_{10}$ or



wherein

R_7 and R_{10} have the meanings given above,

R_{14} is hydrogen or C_{1-3} alkyl and

R_{15} is hydrogen, C_{1-3} alkyl, phenyl or C_{7-10} phenylalkyl, and

R_{16} is hydrogen or hydroxy,

with the proviso that

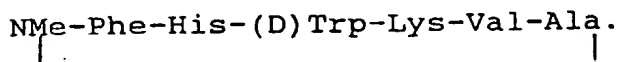
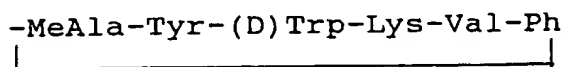
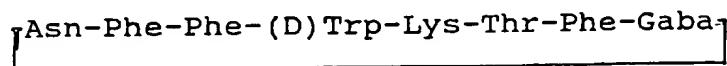
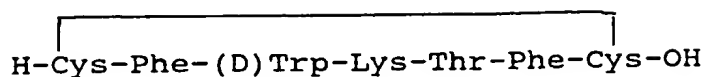
when R_{12} is $-\text{CH}(\text{R}_{13})-\text{X}_1$ then R_{11} is hydrogen or methyl,

wherein the residues B, D and E have the L-configuration,

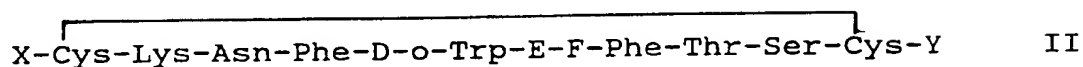
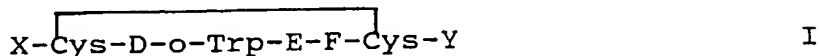
and the residues in the 2- and 7-position and any residues

Y_1 4) and Y_2 4) each independently have the (L)- or (D)-
 configuration

and compounds of the following formulae



32. Somatostatin analogs

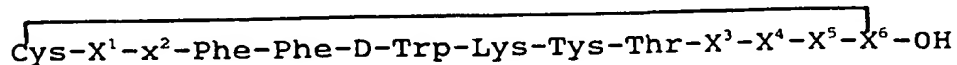


I, II, X = N-terminus anchor; Y = C-terminus anchor, G-I or its alc; wherein at least I of X, Y = cationic anchor; D = Phe Tyr, 3-(p-fluorophenyl)alanine or 3 (p-chlorophenyl)alanine residue; E = Lys, Lys(R¹); R¹ = C₁₋₈(fluoro)alkyl; F = Thr, Val, Ser; G = D- or L-Thr, Phe, or 3-(2-naphthyl)alanine residue; I = OH, NH₂, NHR¹.

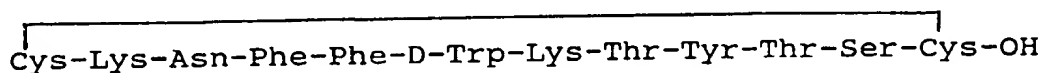
33. Peptides RR¹NCHR²CONHCH(CH₂SR⁴)CO-Phe-Trp-Lys-X-NHCHR³CH₂SR⁵
[R = inorg. or org. acyl group, R¹ = H, alkyl, NCHR²CO moiety = I.

Me(CH₂)₈CO-D-Phe-Cys-Phe-D-Trp-Lys-Thr-Cys-Thr-ol I
or D-Phe (optionally ring substituted by halo, NO₂, OH, alkyl, alkoxy); Phe, Trp, (D or L), may be ring substituted by NO₂, NH₂, OH, alkyl, alkoxy; Lys may be α-N-methylated and Σ-N-alkylated; X = D- or L-α-amino acid residue optionally α-N-methylated; R³ = CO₂H, CH₂OH, carbamoyl, R⁴ = R⁵ = H, R⁴R⁵ = bond]

34. H-Ser-Ala-Asn-Ser-Asn-Pro-Ala-X-Ala-Pro-Arg-Glu-Arg-Lys-Ala-Gly-



35. H-Ser-Ala-Asn-Ser-Asn-Pro-Ala-Leu-Ala-Pro-Arg-Glu-Arg-Lys
-Ala-Gly-



Said compounds (34 and 35) appear in Chemical Abstracts 98, 1983 1 43839 q

36. c(Spacer-Phe-D-Trp-Lys-Thr)

Spacer may stand for:

- a) R,S- δ -Bn-o-AMPA
- b) R- α -Bn-NMe-o-AMPA
- c) Phe-Pro

Said compounds and similar ones appear in Brecx et al., Lett. Pept. Sci. 1995, 2 (3/4): 165-8, "Somatostatin analogs containing O-amino methyl phenyl acetic acid as a bridge unit"; and Tourwe, Lett. Pept. Sci. 1995, 2 (3/4): 182-6, "Conformation directed design of cyclic Somatostatin containing a BVI-turn mimetic".

37. H₂N-Ala-Gly-Cys-Lys-Asn-Phe-Phe-Trp-Lys-Thr-Phe-Thr-Ser-Cys-OH
38. H₂N-Ser-Ala-Asn-Ser-Asn-Pro-Ala-Met-Ala-Pro-Arg-Glu-Arg-Lys-Ala-Gly-Cys-Lys-Asn-Phe-Phe-Trp-Lys-Thr-Phe-Thr-Ser-Cys-OH
39. D- β -Nal-Cys-Tyr-D-Trp-Lys-Val-Cys-Thr-NH₂
40. Ac-Phe-Cys-Phe-D-Trp-Lys-Thr-Cys-Thr-NH₂
41. D-Phe-Cys-Phe-D-Trp-Lys-Thr-Cys-Trp-NH₂
42. D-Trp-Cys-Phe-D-Trp-Lys-Thr-Cys-Thr-NH₂
43. D-Phe-Cys-Tyr-D-Trp-Lys-Val-Cys-Thr-NH₂
44. D-Phe-Cys-Tyr-D-Trp-Lys-Val-Cys-Trp-NH₂
45. 3-(2-naphthyl)-D-Ala-Cys-Tyr-D-Trp-Lys-Val-Cys-Thr-NH₂
46. c(Aha-Phe-p-Cl-Phe-D-Trp-Lys-Thr-Phe)

Aha = 7 -amino heptanoic acid.

Analogues of Diazoxide and Cyclothiazide are compounds which affect the receptor being adenosine 5'- triphosphate sensitive K⁺ channels.

Suitable analogues of Diazoxide and of Cyclothiazide are indicated, for example, in a paper of Bertolino et al., appearing in Receptor-Channels 1993 1(4):267-78 "Modulation of AMPA/Kainate Receptors by Analogs of diazoxide and cyclothiazide in thin

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The pharmaceutical preparation according to the present invention may also comprise additional compounds such as compounds having an additional pharmaceutical effect, carriers, solvents, emulgators, etc.

)

The present invention also comprises a method for the treatment of the risk factors of syndrome X of Reaven by applying to a patient a pharmaceutically effective dosage of a pharmaceutical preparation according to the present invention comprising a pharmaceutically effective dosage of a compound selected among somatostatin or one of its analogs (as herein defined), diazoxide or one of its analogs (as herein defined), cyclothiazide or one of its analogs (as herein defined) and metformin.

Said dosage should preferably not exceed $50\mu\text{g/kg/day}$ of the active ingredient (calculated on Octreotide), preferably not exceeding $40\mu\text{g/kg/day}$. Said dosage is given in any suitable manner. It may be given as one portion once a day or even in two days or more when given in slow release form, or being divided into 3-4 dosages which are applied in equal periods of time for Octreotide, or 1 - 2 times a day for analogs with a higher $t_{1/2}$.

Said dosage should preferably not exceed 8 mg/kg/day in the treatment of the active ingredient (calculated on diazoxide) in adults, and preferably not exceed 15/mg/day in the treatment of children. The amount of Metformin applied should preferably not exceed 2.5 g/day divided into 2 - 3 portions.

Should any of the above thiazide diuretics be added the added amounts are, for example, the following:

Chlorothiazide: 500 - 2000 mg a day;

Hydrochlorothiazide: 50 - 200 mg a day;

Trichloromethiazide: 12.5 - 50 mg a day;

Polythiazide: 1- 4 mg a day.

Said dosage has to be re-calculated on the basis of the analog being the active ingredient. Moreover, the exact dosages have to be adapted to the condition of the patients and to its specific properties e.g. weight, age, etc.

The composition may be administered in various manners. This depends in particular on the analog being the active ingredient. Thus octreotide is advantageously injected sub-cutaneously as a saline solution. Cyclo(N-Me-Ala-Tyr-D-Trp-Lys-Val-Phe) is advantageously administered per os.

The treatment is performed, as indicated above, against the risk factors of syndrome X of Reaven, in particular against the following diseases in order to primarily and secondarily prevent and to treat:

- A.
 1. Ischemic Heart diseases, e.g. Angina Pectoris and Myocard Infarcts;
 2. Cerebral vascular diseases in order to prevent Transient Ischemic attack (TIA) and Cerebrovascular accident (CVA);
 3. Intermittent Claudication;
 4. Ischemic Bowel disease; and
 5. Impotence due to a Periferal vascular disease.
 - B. Prevent excessive blood coagulation (high PAI-1 in the blood) in order to primarily prevent MI, CVA, Renal vein trombosis, etc.
 - C. Lower body weight (which is also a risk factor for high blood pressure, Glucose Intolerance, etc.)
- Said diseases are mainly caused, as indicated above, by a

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The present invention will now be illustrated with reference to the following experiment (all injections are given into the hollow space of the Peritoneum):

Group A receives injections of Octreotide in a 0.9% NaCl saline solution in a high dosage (40µg/kg/day);

Group C the control group, receives an injection of a 0.9% saline solution. The volume of the 0.9% NaCl is identical with the volume being injected into Group A and B (At the beginning of the tests the rats have approximately the identical weight and they therefore receive the identical volume of injections).

The rats are located in a room changing light and darkness in order to simulate natural surroundings, as in general they eat in darkness. The rats drink water freely.

Six rats are tested before the beginning of the experiment. Six rats from each group are separated after 2 weeks, 4 weeks and 8 weeks and an Intra-Peritoneal Glucose Tolerance Test (GTT 1.0g Glucose/kg BW) is performed after a fast of 12 hours during which the rats do not receive any medicament or food.

At zero time, i.e. before the Glucose load 2 cc of blood are taken from each rat.

$\frac{1}{2}$ cc of blood is put into a test tube which contains Heparin

and the concentrations of Glucose and Insulin are determined; and

1½ cc of blood is put into a test tube which contains Na₂EDTA 0.1% and the concentrations of Cholesterol, Triglycerides, HDL and LDL are determined.

At 15, 30 and 60 minutes after the Glucose load, ½ cc of blood is taken from each rat and put into a test tube which contains Heparin and the concentrations of Glucose and Insulin are determined.

After the Glucose tolerance test each tested rat "leaves" the experiment.

The materials used in the experiments:

Octreoide manufactured by Sandoz Basel.

0.9% NaCl

30% Glucose

Not sterilized food for mice and rats manufactured by Kopolk, Petach Tikva. Catalogue No. 19510. Gross energy 3,950 kCal/kg. Digestibility energy of the food in rats 3,150 kCal/kg.

The laboratory tests are performed as follows:

1. Glucose is tested by the Glucose Oxidase method in a kit of Boehringer Mannheim called Glucose GOD-Perid Method 2 x 300ml catalogue No. 124028. The test is performed on the day or the following day on which the blood is taken.

2. The Insulin is tested by the Radio Immuno Assay (RIA) by a SB INSIK-5 kit of Sorin Biomedica.

The method is performed by the general method known for the test of Insulin by said kit.

3. The total Cholesterol is tested by the CHOD-PAP method. The total cholesterol comprises VLDL + LDL + HDL. The kit with which the test is performed is manufactured by Boehringer Mannheim and the cholesterol reagent is MPA3 catalogue No. 236691 4 x 500ml.

The HDL is tested by precipitating LDL and VLDL with Heparin MnCl₂ and then the total cholesterol is tested. VLDL is calculated by T.G./5. LDL is calculated by the formula

$$\text{LDL} = \text{total cholesterol} - (\text{VLDL} + \text{HDL})$$

4. The Triglycerides are being tested by the peridochrom T.G. GPO-PAP method. The kit is manufactured by Boehringer

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Mannheim and the reagent has catalogue No. 701904 15 x 32ml.

The data received are worked up by standard methods for this purpose. The results show that the Insulin resistance is significantly lowered, there is an increase in the level of HDL and a decrease in the level of LDL and of the Triglycerides. A decrease in the rate of weight gain of young obese rats is observed, which implies a decrease in the weight of adult obese rats.

The Insulin resistance (Insulin Sensitivity Index) is determined using the dynamic test - the Glucose Tolerance Test (GTT). An integration of the area under the curve (AUC) of Glucose and Insulin in the period of $1\frac{1}{2}$ hours is measured and the determination of the ratio between them gives a good estimate of the Insulin resistance.

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